

Children's Menu

Starters

Homemade soup Bloomer & butter 253Kcal **£3.50**

(v) **Garlic bread** 328Kcal **£3.50**

(v) **Garlic bread with cheese** 422Kcal **£4**

Mains

Beef burger with cheese & skinny fries 900Kcal **£6**

Battered haddock Chunky chips & garden peas 556Kcal **£6.50**

Cumberland sausage Chunky chips and gravy 760Kcal **£6**

(V) **Spaghetti** Tomato and herb sauce & garlic bread 542Kcal **£5**

Pudding

Ice cream 490Kcal **£4**

Brownie Ice-cream 586Kcal **£3.50**

Sticky Toffee Pudding 415Kcal **£3.50**

(v) Vegetarian (gf) Gluten Free (vgn) Vegan All weights stated are approximate prior to cooking

FOOD ALLERGIES AND INTOLERANCES. Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross-contamination. Cooking equipment (e.g. fryers, grills etc) and food preparation areas maybe shared and fried items containing different allergens maybe cooked in the same frying oil. The Red Lion is trading on behalf of Frederic Robinson Ltd. Company reg 00170679

Recommended daily allowance is 2000kcal.